





Dated Form 5 section 10 of the Non-Governmental Organizations Co-ordination Act as applied for. Organizations Board, certify that FAZUL YUSUF MAHAMED IST NOVEMBER, CERTIFICATE OF REGISTRATION 2016 MINISTRY OF DEVOLUTION XXX AFRICA YOUNG EMPOWERMENT PROGRAMME (AYEPO) xxx REPUBLIC OF KENYA THE PRESIDEN Exe AND PLANNING CY cutive Director of the Non-Governmental OP.218/051/16-204/10445 .. has this day been registered under Executive Director of the Board FAZUL Y. ANAMED (r.11)



BOARD OF DIRECTORS

NAME	DESIGNATION	RELEVANT EXPERIENCE
Dorcas Naitore	Chairperson	General Management
Maryanne Atieno Okuku	Secretary	Counselling Psychologist
Phiddes Mirumbi	Treasurer	Finance personnel
David Kene	Board member	Public relations and communications personnel
Lillian Wambui	Board member	Counselling Psychologist
Lucia Mutie	Board member	Sociologist-community development
Henry Kikolya	Board Member	Financial analyst-finance capacity building.



MY STORY

I am Naitore the chairperson of AYEPO ORGANIZATION, my main aim of starting this NGO was to address issues around drugs and alcoholism and bring together Family, friends and professionals who had done psychology, counselling and were passionate to make a difference in the society. My drive was to desperately get answers to the issues I was personally going through . Born as the only sister to my brothers I have watched my three brother's fight and struggle with alcoholism, walked with them in and out of Rehabilitation centers paying the bills from my little earnings. This is how the passion to help the larger community in preventive measures was born. To bring you into perspective my elder brother the late ENG. Benson Muthomi was a civil structural Engineer from Moi University, having scored an A of 84 points in KCSE, ENG. Benson Was my inspiration to work hard in school and watching him fight alcoholism, go through three rehabilitation centers broke my heart. I grieved at how such a bright and enthusiastic man could struggle with something so small I prayed and prayed. Watching him lose the fight made me realize there was a Gap to address in both society and family units and **that PREVENTION IS BETTER THAN CURE, SOMETHING NEEDED TO BE DONE.**

My other brother a graduate of Nairobi University with Bachelor of Agri-Business Management, currently working with the Ministry of Agriculture. As I give this proposal has just completed 3months at the Retreat Rehabilitation center working his way out of alcoholism. Surely, I agree with Her Excellency Dorcas Gachagua something needs to be done, this is a representation of millions of young bright talented people losing their talents due to this menace called drugs and alcoholism.

As I close my younger brother who had great dreams is also currently struggling to stabilize his life from alcoholism after graduating with a degree in Bachelor of commerce from Nairobi University.

This is my story. It inspires me each day to go out of my way and do something small each month around drugs and alcoholism, as we speak I have put more than twelve people including my brothers through rehabilitation centers, given talks in more than 36 day schools in Kenya about drugs and alcoholism, given talks in churches, I have given fliers and T-shirts, so as to keep the message alive among the young people, all this through AYEPO.

The fight against Alcoholism and drug abuse is far from over. To win and create impact in our communities and Kenya at large, we need resources, time and commitment. As AYEPO, we are making this proposal to partner with National Government, county governments, NACADA, private, multinationals and Kenyan owned companies, well-wishers individuals to scale the fight against drugs and alcoholism starting with specific counties as we scale up. We all can do something to join hands in this journey. We in AYEPO bring in professionals, Time commitment and also resources to join in this journey of promoting sobriety among our young people. Thank you.



INTRODUCTION

Drug and substance abuse is a problem that countries throughout the world have had to contend with for centuries. In Kenya, alcohol and substance abuse is increasing drastically especially among the youths. Current statistics indicate that more than half of the drug users are aged 10-19 years, the most commonly abused drugs being nicotine, alcohol and cannabis. Due to the strategic location of Kenya in East Africa region and Nairobi being an economic hub in the region, there has been an upsurge of international narcotic drug trafficking leading to increased injecting drug users (WHO,2021).

The statistics from the National Authority for the Campaign Against Alcohol and Drug Abuse (NACADA, 2023), state that Central Kenya, at 12.8 per cent, was ranked as the region with the highest consumption of alcohol countrywide, against a national average of 11.8 per cent. Critically, the region's consumption of illegal brews, at 4.1 per cent, is almost double the national average of 2.5 per cent. This shows that a whole generation is being destroyed by alcohol, and therefore a lot needs to be done to fight against drug and alcohol abuse.

The only way there can be a fresh start to give new impetus to this war is a bottom up approach, which will draw the synergies, energies, wisdom and capacity at the community level. They live with the problem and therefore, they must be an integral part of the solution. There must be ownership of this war at the grassroots.

Our **short term** Agenda 2023/2024 is based on the theme "CHOOSE SOBRIETY, SAY NO TO DRUG ENSLAVEMENT." It is majorly driven by preventive education measures in selected primary schools, day and boarding secondary schools, colleges, universities and youths in churches by organizing trainings on psychological, health, social and economic effects of alcohol and drug abuse. Our agenda will be enacted by the recovered alcohol and drug abuse addicts, Counselling Psychologists and other professionals. We will preach the benefits of sobriety and staying clean from Alcohol and other abused drugs. After the trainings, the youths will sign affirmation forms and receive certificates of patricipation.

Our **long term** focus is mobilization of youths, creating awareness, taking the affected individuals to the rehabilitation centers, and addressing the entrepreneurship training and enterprise development gaps among the rehabilitated individuals in Kenya with the aim of ensuring that, rehabilitated individuals are trained on entrepreneurship skills, facilitated to mobilize and access business start-up capital in order to be independent and be beneficial to society thereby making them have gainful self employment.



By implementing this project, AYEPO Organization will take to rehabs, follow up, mentor and inpower 100 youths with alcohol addiction disorder in Meru, Nyeriand Nairobi Counties in order to provide them with entrepreneurial skills and increase their productivity. We will mentor those with degrees and train those with potential to gain useful skills. In the one year project periodthis will result in enterprises and jobs. AYEPO Organization will work closely with the key stakeholders at National and County Government levels as well as with development partners in order to realize the objectives of the proposed project

After one year of piloting the project in Meru, Nyeri and Nairobi Counties, the ambition is to turn the project into a pay for success contract model and scale it up into other affected areas facing similar problem by identifying donors and investors for the innovation.



WHO ARE WE?

AYEPO ORGANIZATION is a Non-Governmental Organization that was incorporated in November, 2016. It was established to empower youths in Kenya and provide opportunities for their growth. Its main aim is to promote a healthy and a productive young future generation free from drugs and diseases. We employ cultural and cross-cultural, sectoral and multi-sectoral approaches to deliver the best services to our target groups. Adolescents and youths are our key target groups. Through the support from donors and sponsors, we are able to carry out different projects.

Africa Youth Empowerment Programme (AYEPO) promotes a healthy and productive young generation by ensuring that they are empowered at their young ages. For AYEPO, social accountability is key; it is the process that enhances development outcome and progress towards the achievement of human development overall, by ensuring that they are capacity build in young stages to handle social issues. It involves participation of ordinary citizens and non-state actors either directly or indirectly in exacting accountability. AYEPO utilizes mechanisms, strategies and actions communities and civil societies use to ensure delivery of services to the communities. We hold that adolescents and youths are the primary and greatest beneficiaries of effective social accountability tools.

Our organization has a clear mandate, a mission and a vision of what we intend to achieve. We are also willing to partner with other organizations to get things done. We are open and transparent in terms of financial accountability, and we are committed towards building local capacity that provides long term resilience towards threats. We have effective management systems that ensure adequate control within the organization.



Mission

To be an inspiration to all the youth in Africa through creating opportunities and awareness to empower them to live positive, socially and economically fulfilling lives.

Vision

To be an advocacy organization to the youth and for the youth in Kenya and across Africa.

Core values

Integrity and professionalism

Team work

Equity and equality, Compassion, Transparency and Accountability



WHAT WE HAVE DONE

In the year 2019, we conducted campaigns against alcoholism and drug abuse in Machakos County. We found out that drug and alcohol abuse by adolescents was very common, and it had serious consequences. Many of these children would have died as a result of drugs and alcohol, and a large number of them would have grown up to be problematic drug consumers. Identifying the prevalence and factors that influence the use of drug and alcohol was a useful tool for assisting adolescents in overcoming their substance abuse problems. As a result, we identified the factors that lead to alcoholism and drug abuse and conducted a campaign to end the menace.

Machakos town was reported to be having 65% percentage cases of drug abuse among school student, according to NACADA report of 2016. The report further attached drug abuse to the increased drug addiction among the school going children and particularly those in secondary school in the region. Additionally, it was evidenced by an increase in the number of indiscipline cases among secondary schools students within Machakos region as indicated by the report due excessive consumption of alcohol, bhang and other illicit drugs. The increased vice among the students had called for concerted efforts by parents, teachers, government and the general members of the public to find long-term cessation of the vice.

We took the responsibility of identifying causes of increasing drug abuse as well as the challenges that hinder the efforts towards defeating the drug addiction and indiscipline cases among the student going into the future. The following were the objectives of the project; to investigate individual challenges experienced by youths in Machakos town in their effort to stop abusing drugs, to establish family challenges experienced by the youths in Machakos town in their ability to stop abusing drugs, to establish school challenges experienced by youths in Machakos town in their effort to stop abusing drugs, To establish counseling interventions that can be used to help the youths in Machakos town to stop abuse of drugs.

Among some causes of alcohol and drug abuse identified included peer pressure, lack of information on drugs and substance abuse, economic hardships, poor parenting, family conflicts among others. These causes were found to be common among almost all the youths and therefore the need to address them effectively.

With the help of the local government, we were able to gather youths into groups in different locations whereby we carried out awareness campaigns. We also carried campaigns in schools, churches and open markets, matatu stages. We were able to reach to 1500 youths and among them 217 had developed drug abuse disorders.We also did online campaigns against drug and substance abuse in order to reach a big number of people. Through the online campaigns



different youths got insight concerning this menace and started to view drug and substance abuse differently. This was meant to ensure that many people were empowered positively and would firmly stand against drug and substance abuse

We liaised with counselors and officials from rehabilitation centers to enact our formulated intervention which included; physician advice, proper counseling of the victims and educating them on the importance of a healthy lifestyle in order to make the fight against drug abuse successful. We advised them on different measures they could use to get out of their current conditions back then. This included counseling sessions that highlighted the dangers and the negative health impacts of alcoholism.

We conducted follow ups to know the progress of the victim for the next three months. They showed positive change and some had indulged themselves in productive activities that made them impact to the community positively. We had provided them with reading materials on living a positive life and given them ideas that would improve their productivity. They signed affirmation forms to commit themselves and live a sober life while spreading the information gained to change the lives of others.

AYEPO Organization runs a carving project whereby the youths that reformed fully worked there to earn an income to sustain their needs and those of their families. This project is meant to empower the youths to be creative and use the creativity to earn a living.

For more information visit us on; https://ayepoafrica.org/ayepoke-22/



THE FOLLOWING WERE PHOTOS TAKEN FROM THE AWARENESS CAMPAIGNS IN MACHAKOS.







WHAT WE INTEND TO DO.

Situation Analysis

Alcohol and drug abuse is one of the major social problems in Kenya with common and easily identifiable manifestations in public health. Half of drug abusers in Kenya are aged between 10-30 years with over 60% residing in urban areas and 21% in rural areas. Taking Alcohol and drugs at an early age of 14 years or younger greatly increases the chances of developing addition problems in the future. The most commonly abused drugs in Kenya are alcohol, tobacco, Bhang, glue, Miraa and psychotropic drugs (NACADA 2021).

According to statistics 2023, Majority of those who abuse drugs and substances are males as compared to females, 94.5% (95%CI: 93.6–95.4) and 67.8% (95%CI: 65.1–70.60) respectively. This implies clearly that men show high levels of alcohol and drug abuse disorders when compared to women.

Drug and substance abuse has a complex cause and effect relationship. The direct causes of drug and substance abuse may include easy availability of cheap drugs and other substances. Young adults have the highest prevalence to Drug and substance abuse. Idleness in association with peer pressure drives them easily drives them into Drug and substance abuse. In most of these situations, parents and other guardians lack the skills to intervene. Lack of intervention is further complicated by the stigma that is often attached to Drug and substance abuse. Drug and substance abuse often constitute a crime in Kenyan Law. Poor enforcement of the law and weak policies also directly contributes to high prevalence of Drug and substance abuse.

The underlying causes of drug and substance abuse in Kenya include: Weak Drug and substance awareness programmes, Unemployment and low prioritization of Drug and substance abuse programs. The implementation of effective awareness programmes is often affected by limited facilities and personnel skills. Since these programmes may be accorded low priority, they are often underfunded. The programmes are also supported by weak institutional framework in which roles, partnerships and human rights perspectives of Drug and substance abuse are not strongly articulated.

The main root causes of drug and substance abuse in society include: poverty, corruption and breakdown of traditional values. According to an article dated 15th April, 2023, the Kenya CS, of Health DR. Nakhumicha S.Wafula, stated that alcohol and substance use have significant social and economic consequences beyond just health which include lost productivity, violence, STIs, teenage pregnancy, family pain, and harm to youth development are just some of the impacts.



Problem analysis

Abuse of alcohol and drugs can cut a wide swath of damage across a life, affecting not only the user, but also friends and loved ones. The effects drugs and alcohol have on our society are disastrous. Millions of lives have been ruined, and many lives ended before their time. A sustained culture of knowledge entrepreneurship requires an infrastructure based on networks and clusters, which governments and development partners can facilitate.

According to the Vice president of Kenya Rigathi Gachagua, Law makers are needed to provide information to the government agencies concerning manufacturers who have been producing illicit brews and those peddling drugs at grass root level, as this will help in eradicating the illicit brews and drug abuse. He also requested the them to provide information regarding government officers aiding the spread of the menace and sabotaging the government's efforts.

According to The Interior CS of Kenya, Prof. Kithure Kindiki, Abuse of illicit alcohol, drugs and other substances is one of the top three threats to national security, the others being terrorism and livestock rustling.

The Government of Kenya recognizes the dangers/problems of a society that large number of its population is drug and substance abusers. Mobilization and awareness campaigns against drug and substance abuse needs to be done and those with substance use disorders taken to rehabilitation centers for clinical and psychological interventions. Equally, frameworks need to be put in place to support the rehabilitated individuals in terms of enterprise development skills to get back to normal lives in most rehabs, thus making them independent instead of being a burden to their families and the community at large.

According to the Second Lady, Her Excellency Dorcas Rigathi, "Drug and alcoholism is actually a disease. You cannot codemn people who are sick, what you need to do is to understand them and help them to overcome." She added that her campaign's objective is to save a generation the country could lose due to alcoholism and drug abuse if nothing is done. She said that her campaign targets 12,000 young men across the country by 2023.

In this regard, AYEPO Organization takes the initiative to liaise with the leaders, donors and sponsors to carry out the mandate of saving the lives of the young generation in Meru,Nyeri and Nairobi counties through mobilization, sensitization, creating awareness, facilitating rehabilitation of individuals with substance use disorders, mentoring and training these individuals to make them productive. We will liaise with churches, schools and the local authorities to carry out our awareness campaigns in these institutions including open markets.



OUR 2023/2024 Agenda is based on the theme "CHOOSE SOBRIETY, SAY NO TO DRUG ENSLAVEMENT." It is majorly driven by preventive education measures in selected primary schools,day and boarding secondary schools, colleges, universities and youths in churches by organizing trainings on psychological, health, social and economic effects of alcohol and drug abuse. Our agenda will be enacted by the recovered alcohol and drug abuse addicts, Counselling Psychologists and other professionals. We will preach the benefits of sobriety and staying clean from Alcohol and other abused drugs. After the trainings, the youths will sign affirmation forms and receive certificates of patricipation.

Once the campaigns are done, **as resources allow**, we will select individuals with Alcohol and drug abuse addiction disorders from Meru, Nyeri and Nairobi counties and follow up on them. We will facilitate for their rehabilitation costs and later mentor those with degrees for business and Employment while those who have no skills will be taken for vocational training to acquire skills that will enable them advance in life.

The project will develop an implementation plan with planed dates and budgets; this plan will guide the staff throughout the project period; there will be monthly meetings to review progress with monthly reports produced; Quarterly reports will be presented to the Project Coordinating team who also will table it at the Board of Directors annual meeting. This meeting can also be a stakeholder's consultation forum to assess the project; the project team will also review the reports against the budget expenditure to assess the progress of the project as internal evaluation. End of project evaluation is proposed to be conducted at the end of project duration.





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If they want my services, I can link them with the Mau Mau. We have waited 60 years and are still waiting. They should meaningfully help the Mau Mau



"We also want you to provide us "We also want you to provide us ment officers aiding the spread of the menace and sabotaging our efforts. We want to eradicate the manufacturing of Illegal alcohol from the source."

Mr Ichung'wa told the MCAs to enact laws that will allow their governors to allocate funds to treatment of alcoholics. He called on governors to convert sections of county hospitals into rehabili-

"Alcoholism in Kenya ahould be recognised as a disease. In your respective countles, please, enure your county governments commit funds to treatment of alcoholism as a disease. Put that in aw so that your respective goverhors make that allocation in the udget,"Mr Ichung wa said.

"As we deal with the preventive measures, let us treat patients who need help. We don't need to build new rehabilitation centres. We just need to reserve wards in our county government hospitals to help fight alcoholism. Alroholism rehabilitation in our country is very expensive."

The Kikuyu MP called for regulation of wines and spirits, as well as importation and sale of ethanol. "The biggest problem besides bars, is mushrooming of wines and spirits [outlets] at the



H.E. Rigathi Gachagua, EGH 🧇 @rigathi

The illicit alcohol and drug abuse menace in Centra Kenya and the entire nation must come to an end if we have to save the next generation.





Ministry of Health @MOH_Kenya · 14 Apr ····

Alcohol and substance use have significant social and economic consequences beyond just health. Lost productivity, violence, STIs, teenage pregnancy, family pain, and harm to youth development are just some of the impacts. It's time to address this issue as a society.



Prof Kindiki said alcohol and drugs need to be fought fiercely.

"Abuse of alcohol and drugs is one of the top three threats to national security, the others being

terrorism and livestock rustling," the Interior Cabinet Secretary told the meeting.

"We will throw our weight behind the national effort to tackle this problem with the same vigour, commitment, focus and finality that we apply to the other threats."

"However entrenched the problem is, however powerful and complicated the players are, nothing will defeat the collective resolve of a country determined to save its future. I believe we can get rid of this problem once and for all. It will be a costly affair but it must be done."



"Drug addiction and alcoholism is actually a disease. You cannot condemn people who are sick, what you need is to understand them and help them to overcome. "She said.

Pastor Dorcas said her office is working towards rehabilitating the addicts in inpatient and outpatient programs.

"We don't stigmatize this thing (Alcoholism). If your child is on drugs, don't be ashamed. Bring them and we will work towards validating their dream. Do not reject your children. It is for us as parents, as a society, as a community to make sure that this generation is not lost. "She added.

The tournament brought together a team of those recovering from drug and substance abuse and alcoholism who have been involved in technical training and counselling. The he Second Lady says her campaign's objective is to save a generation the country could lose due to alcoholism and drug abuse, if nothing is done.

• The campaign targets to reach 12,000 young men across the country by the end of 2023.



ACTIVITY	QUANTITY	TARGET REACH OUT
T-shirts and caps	2000	3,000
Fliers with information on alcohol and drug abuse	5,000	10,000
Secondary school campaigns and talks	50	10,000
Collegescampaigns and talks	10	10,000
Universities campaigns and talks	10	10,000
Carrying out talks in churches	20	7,000
Doing sensitization and campaigns in Matatu stages	15	7000
Chiefs meetings- liaising with chiefs to meet people from their locality	10	15,000
Affirmation forms that will be signed against drug abuse/ certificates of participation	10,000	10,000
Open air markets campaigns	15	20,000
Branding matatus with sobriety and well being banners	30	100,000
Empower more youths to spread positive peer pressure	500	5000
Door to door campaigns	200	2,000
WhatsApp groups that they can join to discuss issues on alcohol and substance abuse	5	1000
Pin memos on alcohol and drug abuse on school notice boards	1000	200,000





AFFIRMATION FORM

I______ affirm that I have received training on sobriety and staying clean from alcohol, drugs and substance abuse. I promise to be a positive iinfluence to my friends and relatives. I promise to stand against alcohol and substance abuse by leading as an example for others to follow.

SIGNED DATE

AFFIRMATION FORM



CERTIFICATE

Empowerin	EPO g Youth in Africa	
Certificate of This certificate	f Participation	
	l, drugs and substance abuse evention campaigns.	e
PARTNERS: SIGN	AYEPO SIGN	



Project goal

Mobilization, Sensitization, conducting awareness campaigns, rehabilitation and Socioeconomic empowerment of youths to promote sobriety and well being.

Specific objectives

To achieve the above goal, the following specific objectives will be pursued;

- Creation of awareness campaigns in schools, churches, and open markets.
- Creation of links with the Rehabilitation centers to enable the process to flow.
- Training and mentoring the rehabilitated youths on enterprises creation and development.

Proposed project activities

- Mobilization of youths into groups.
- Sensitization and creation of awareness against illicit alcohol, drug and substance abuse.
- Identifications and linking the affected individuals to the rehabilitation centers.
- Mentoring and sociolect-economic empowerment of the individuals.



Activities schedule (Gannt chart)

Activity	Quarter 1	Quarter 2	Quarter 3	Quarter 4
Mobilization of youths into groups				
Sensitization and creation of awareness against illicit alcohol, drug and substance abuse.				
Identifications and linking the affected individuals to the rehabilitation centers				
Mentoring and socioeconomic empowerment of the individuals				



Project Budget

Total project Budget (All figures in KSH)	12 MONTHS	
	KSH	
Mobilization of youths into groups		
Sensitization, creation of awareness		
Linkages and partnerships development		
Mentoring and socioeconomic empowerment to rehabilitated individuals		
Local project staff and travel costs		
Monitoring and evaluation		
TOTAL		

Potential long term impact

- The project will directly impact/ benefit 100 individuals in Meru, Nyeriand Nairobi counties who will go to rehabilitation centers and over 200,000 youths and community members along the value chain.
- Create 10 youth enterprise.
- Create 70 jobs by rehabilitated youths thereby impacting positively on their socioeconomic aspects of life.



Sustainability

In order to ensure that, the intervention has long term and sustained impacts, AYEPO Organization will gear to do the following;

- Ensuring quality campaigns against illicit alcohol, drug and substance abuse that will impact and change the people positively.
- Establishing linkages for the youths to be rehabilitated and connect them to continued support.
- Ensuring that entrepreneurship and socioeconomic modules are embedded in the rehabilitation curriculum in order to reach a wider audience.
- Through the incomes earned by the rehabilitated youths, they will be financially sustainable hence able to meet their basic needs as well as that of their families.

Timeframe

12 months

Partners

AYEPO Organization will work closely with NACADA, development partners and the relevant departments of national government as well as County governments to ensure that the project succeeds. Equally, the organization will work closely with the private sector to support the initiatives further which will be critical for sustainability of the intervention.

For more information, visit us on: https://ayepoafrica.org/ayepoke-22/









This is to certify that taxpayer shown herein has been registered with Revenue Authority

Taxpayer Information

Taxpayer Name	AFRICA YOUNG EMPOWERMENT PROGRAMME (AYEPO)
Email Address	INFO@AYEPOAFRICA.ORG

Registered Address

L.R. Number :	Building VISION PLAZA	
Street/Road MOMBASA	City/Town : NAIROBI	
County : Nairobi	District Langata District	
Tax Area Langata	Station South of Nairobi	
P. O. Box 101443	Postal Code 00101	

Tax Obligation(s) Registration Details

Sr. No.	Tax Obligation(s)	Effective From Date	Effective Till	Status
1	Income Tax - Company	06/08/2019	N.A.	Active

The above PIN must appear on all your tax invoices and correspondences with Revenue Authority. Your accounting end month is December unless a change has been approved by the Commissioner-Domestic Taxes Department. The status of Tax Obligation(s) with 'Dormant' status will automatically change to 'Active' on date mentioned in "Effective Till Date" or any transaction done during the period. This certificate shall remain in force till further updated.



Thank You





Ayepo is a youth organization that inspires youth both in Kenya and Africa as a whole by addressing issues of drug abuse awareness, addiction, teen pregnancies and hiv/aids.

